

THE STRENGTHS WORKSHOP

Overcoming Overload by **LIVING YOUR STRENGTHS**

Do you feel overloaded and tired of the treadmill of life? Do you wonder why you are here and whether there is more to life than this?

The answer is simple. You are uniquely created in God's image to "**glorify God and enjoy Him forever.**" This is the abundant life Jesus promised in John 10:10. This is living your life callings.

Start with discovering your talents and your God given strengths. As you live in your God given strengths you will find your sweet spot of life.
Abundant life.

The Strengths Workshop is Biblically based and builds on the world renowned Gallup StrengthsFinder2.0 talent assessment tool.

What do you get in the Strengths Workshop?

- Biblical truths about your talents and strengths
- A formula to guide you in defining and communicating your strengths
- A process to prioritize your roles to fulfill your God given callings
- Tips to manage your time and overcome the risks of an overloaded world.



Workshop developed by:
Baha and Margie Habashy

For over forty years they have partnered in life. Working with clients as large as IBM and as small as local charities, they collaborate in helping organizations, leaders, and individuals achieve greater effectiveness and find relief from stress in an overloaded world.

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“During my 20 years in the corporate world I attended many personal development workshops. **The Strengths**

Workshop is among the very best if not the best I have taken. The Gallup StrengthsFinder material is world renowned. The facilitators are amazing. They are extremely relevant, engaging and effective. I highly recommend this to anyone seeking to increase their effectiveness, focus on strengths and positively impact their work and personal life.”

Sam Saif, Business Executive, Intel



“This workshop is the best investment you can make not only in your work and ministry but more importantly in your personal life as well. The Gallup survey is a very powerful insightful tool. Baha and Margaret Habashy added the Biblical foundations to provide a framework that can help you live the abundant life Christ desires for every one of us. The practical exercises are resources you will use for the rest of your life. This is a “**must attend**” for every pastor, missionary and leader. The power of this workshop is multiplied when you take it with your work or ministry team.”

Alfredo and Lisa Umana, Pastors and Management Consultants, Honduras



“We found this workshop most affirming and empowering: it affirms the gifts entrusted to us, combined with the talents with which we are born; it empowers us to focus on what we are good at for God’s glory with confidence.

After taking this workshop as a **couple** we have had deeper communication about how we could spur each other on as partners with God and strive to maximize our strengths in our daily activities.”
Pastor Andrew Lau, Ph.D., and Libby Lau, Lead Pastors



“This workshop is revolutionary. It helped me to see myself as someone with a unique stamp that has a unique role to play in my home, my community, and my

world. It also helps with my interactions with and expectations of others. Knowing how our strengths can work together to achieve even bigger and better things with less stress is very exciting. I would recommend this workshop to everyone! I think this is how God created us and intended for us to live.”

Michelle White, Teacher



Learn more at : <http://nomoreoverload.com/lvs/>



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